Complete breast care from the team that cares.

Imaging Appointment: 845.348.8551
Surgical Consultation: 845.348.8507
nyackhospital.org/breastcenter
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The Breast Center at Nyack Hospital is a provider of comprehensive, cutting-edge, and personalized breast care with an emphasis on cancer prevention and early detection. We offer a wide array of screening services, precision diagnostics, and treatment options, as well as access to clinical trials and current research programs to our patients. Our expert, experienced physicians and specialists practice to nationally recognized standards and guidelines providing the same level of first-class academic institution cancer care—only close to home.

The Breast Center is accredited by the National Accreditation Program for Breast Centers (NAPBC), a program administered by the American College of Surgeons. Accreditation by the NAPBC is only given to those centers that provide the highest level of quality breast care as determined by a voluntary and rigorous evaluation and review of their performance.

The Center has also been designated as a Breast Imaging Center of Excellence by the American College of Radiology (ACR). The Center received this designation in all accreditation programs including—mammography, stereotactic breast biopsy, breast ultrasound, and ultrasound-guided breast biopsy. Only a small percentage of imaging centers receive this designation of excellence.

Accreditation by these organizations demonstrate our firm commitment to offer patients every significant advantage in the battle against breast disease.

“I don’t think I could get better care, more support, or encouragement at any of the bigger hospitals or cancer centers.”
A Full Range of Screening and Diagnostic Services

Taking charge of your health is the most valuable gift you can give yourself. We offer the full range of screening capabilities and diagnostic services using state-of-the-art equipment. Our expert, experienced specialists will help you throughout your visit with patient-centered care that treats the whole person, not just the breast.

Our Services Include:

- A Breast Health Navigator, who guides newly diagnosed breast cancer patients through the diagnosis, treatment, support, and education process.

- 3D Mammography, the gold standard for early detection of breast cancer, clinically proven to detect 41% more invasive breast cancers and abnormalities. Our 3D Tomosynthesis System provides a superior mammogram for all breast types and densities at the lowest possible radiation dose.

- Image-guided interventional breast biopsy procedures.

- Breast MRI, a highly sensitive exam which expands the ability to diagnose early-stage breast cancers that may not be visible on mammography or ultrasound.

- Oncoplastic Surgery, coordinated breast cancer surgery by breast oncologic surgeons and plastic surgeons who use the latest oncologic and reconstruction techniques for best possible survival and cosmetic outcomes.

- Comfortable, accurate, and precise mass detection, our Low Dose Radioactive Seed Localization Program is a surgical procedure used for nonpalpable breast lesions. This advanced technique involves the implantation of a self-enclosed, low-energy “seed” (the size of a grain of rice) as a marker to pinpoint the precise location of a tumor or abnormal breast tissue. This is more comfortable for the patient and allows precise surgery for removal of the lesion. Nyack Hospital is the only hospital in the area offering this innovative program.

- Clinical Genetics Program which provides a Comprehensive Cancer Risk Assessment, Cancer Genetic Counseling, and Predictive Genetic Testing for women at increased risk of developing breast cancer due to a personal and/ or family history of breast and colon cancer, genetic disposition, or previous medical history.

- Full on-site treatment services, including multi-disciplinary cancer treatment planning conference, biopsy capability with all modalities (ultrasound, mammography, or MRI), breast surgical oncologists, radiation therapy, medical oncology, and plastic surgeons dedicated to breast reconstruction.
Medical Specialists

When you visit The Breast Center at Nyack Hospital for an initial evaluation, you may meet with one or more board-certified physician specialists from our breast-trained team:

- **Breast Fellowship-Trained Radiologists Specializing in Breast Imaging and Evaluation Imaging Studies**
  - 3D and 2D Digital mammography
  - Breast ultrasound
  - Bone density studies
  - Breast MRIs
  - Image-guided diagnostic procedures
    - Cyst aspirations
    - Fine-needle aspirations for cytology
    - Stereotactic, ultrasound, or 3D tomosynthesis-guided core needle biopsies
    - MRI-guided biopsies

- **Breast Surgical Oncologists**
  - Breast surgical oncologists, who are breast surgery specialists for benign and malignant problems
  - Physical exams
  - Fine-needle aspirations of palpable lumps
  - Surgical biopsies
  - Lumpectomy
  - Mastectomy
    - Skin and nipple-sparing procedures
  - Sentinel lymph node biopsy
  - Oncoplastic Surgery, coordinated breast cancer surgery with breast oncologic surgeons and plastic surgeons, using the latest oncologic and reconstruction techniques for best possible survival and cosmetic outcomes.
  - Hidden Scar™ Breast Surgery*, an advanced approach where the surgeon places the incision in a location that is hard to see, providing little to no visible reminder of the surgery.

*Robbi Kempner, MD, FACS is a trained Hidden Scar™ Breast Surgeon.

High Risk Breast Cancer Program

The High Risk Breast Cancer Program is a comprehensive program for women at increased risk of developing breast cancer either due to family history, genetic disposition, or previous medical history. Our team of breast care specialists provide you and your family members with:

- A breast cancer risk assessment
- A clinical breast exam administered by a breast care specialist
- Genetic counseling and testing
- A personalized screening and prevention plan

Genetic Testing

Genetic counseling may be very important in helping a woman understand the role of both family history and lifestyle on her risk for developing breast cancer. Genetics evaluation is provided by a clinical geneticist and includes a review of the patient’s personal medical history, a detailed medical and cancer family history, and a physical examination, if needed.
Plastic Surgeons

- Our surgical specialists perform breast reconstruction procedures in coordination with your breast surgical oncologist and are committed to optimal cosmetic outcomes and high patient satisfaction. Our breast reconstruction procedures include:
  - Breast reconstruction with implants, using cutting-edge techniques tailored to the patient.
  - Muscle flap breast reconstruction, a surgical method that makes use of a patient’s own muscle tissue to recreate the breast.
  - Free flap reconstruction (DIEP deep inferior epigastric perforator flap), a surgical procedure that uses the patient’s own skin and fat from the lower abdomen, transplanting it to the chest to reconstruct the breast.

Pathologists

- Our pathologists have extensive experience evaluating and accurately classifying breast tissue specimens to determine if there is breast cancer present.
- Analyze biopsies and cytology slide examinations.
- Provide personalized breast cancer genomic profile.

Medical Oncologists

- Cancer specialists who help determine medical treatment choices, including chemotherapy, hormonal therapy, and immunotherapy.
- Participants in research and clinical trials.

Radiation Oncologists

- Cancer specialists who treat breast cancers with radiation therapy using the latest techniques and most recent clinical data.

Medical Geneticist

High Risk Coordinator

Treatment

At The Breast Center at Nyack Hospital, we offer multi-specialty consultations and innovative, personalized treatments for patients with breast disease. Our multi-disciplinary team of specialists meets weekly to create a personalized and coordinated care plan for each patient to deliver the best treatment options available.
Additional Services

- **The Cancer Services Program of New York**
  As a major provider in the Hudson Valley region for The New York State Department of Health (NYSDOH) Cancer Services Program, Nyack Hospital’s Breast Center provides comprehensive breast, cervical, and colorectal screening services to eligible New York State (NYS) residents, 40 years of age and older, at no cost.
  - Patients with a positive finding on their mammogram may seek a higher level of emotional and physical support through additional no-cost services provided at The Breast Center. We offer a therapeutic yoga wellness program with Kula for Karma and support groups and education programs provided by Gilda’s Club of Westchester.
  - Bone density studies to determine the risk for developing osteoporosis (disease resulting in bone fractures).

For additional information about The Breast Center at Nyack Hospital and services provided, please call 845.348.8551.

Affiliate Locations

Highland Medical, P.C.,
Hematology Oncology Associates of Rockland
160 North Midland Avenue, Nyack, NY 10960
845.480.7440

Highland Medical, P.C.,
Medical Oncology and Hematology
974 Route 45, Suite 1200, Pomona, NY 10970
845.362.3970

Advanced ROS
111 North Highland Avenue, Nyack, NY 10960
845.727.0828

Glassman Plastic Surgery
North Plaza 978, Route 45, Suite L-5, Pomona, NY 10970
845.354.7887

Laboratory Medicine Associates, LLP
160 North Midland Avenue, Nyack, NY 10960
845.348.2270

Our Clinical Leadership

- **Robbi Kempner, MD, FACS**
  Director of Breast Surgery
  Medical Director of The Breast Center, Nyack Hospital

- **Shari Siegel-Goldman, MD**
  Director of Breast Imaging
  Hudson Valley Radiology Associates, Nyack Hospital

- **Lawrence Glassman, MD, FACS**
  Chief of Plastic Surgery
  Glassman Plastic Surgery

- **Lawrence Simon, MD, FACS**
  Director, Department of Surgery
  Nyack Hospital

- **Mathew Lonberg, MD**
  Director, Cancer Center
  Hematology Oncology Associates of Rockland

- **James K. Gerstley, MD**
  Director, Radiation/Oncology
  Advanced Radiology Oncology Services of Rockland, P.C.

Our team of multi-disciplinary specialists—including breast surgical oncologists, medical geneticists, radiation oncologists, plastic surgeons, anesthesiologists, and medical oncologists—are firmly committed to providing our patients with every significant advantage in supporting their breast health and overall care when treating breast disease.
Take an active role in keeping yourself healthy.

Do it for everyone in your life who loves and depends on you, and most of all, for yourself.

To Schedule An:
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